



ONLY TELEHEALTH
9040 Town Center Parkway,
Lakewood Ranch, FL 34202
(845) 364-9226, Fax: (845) 512-5244
claudia@vicalex.net
<https://vicalexbehavioralhealth.com/>

Limits of Confidentiality

Psychotherapy is confidential, with the below-stated exceptions.

Duty to Warn: Therapists are legally mandated to disclose pertinent information discussed in therapy if the client intends to harm another person. We are required to inform the intended victim and notify legal authorities.

Suicide/Self-harm: Depression is common emotion expressed in therapy, but if a client feels hopeless enough to imply or disclose a plan for suicide, steps need to be taken to ensure safety.

This would include notifying the legal authorities and making reasonable attempts to notify the family.

Vulnerable Adults and Children: Mental health professionals are required by law to report stated or suspected abuse of a child or vulnerable adult to the appropriate social service agencies and/or legal authorities.

Prenatal Exposure to Controlled Substances: in keeping with protecting vulnerable populations, Mental Health Providers are required to report admitted use of controlled substances during pregnancy that are potentially harmful to the fetus.

Minors/Guardianship: Parents or legal guardians have the right to access a minor client's health information except in those States where the minor has the right to deny access

Insurance Providers: Information requested includes a description of impairments, dates and times of service, diagnosis, treatment plans, treatment progress, prognosis for improvement, case notes, and summaries.

I have read and understand the above-stated limitations to confidentiality. I accept the subsequent ramifications should there be a need to act on one of the above-stated exceptions. Other than the noted exceptions, if there are reasons to disclose my protected confidential information, I understand that I will be provided a Release of Information form.

Client Signature: _____ Date: _____